

Your Eyes & Your Whole Body Health



Why Is Vision Care Important?

Comprehensive vision exams aren't just for those who need glasses or contacts. Just like regular oral exams can detect bigger health issues in other parts of your body, eye exams make it easier to find serious eye and general health conditions like diabetes, high blood pressure, high cholesterol, glaucoma and cataracts sooner.¹

And because early detection is key for treatment, regular eye examinations can make a big difference.

When you consider the fact that signs of over 270 health conditions can be detected during an eye exam, it's easy to see how important vision care can be.²

Did You Know?

- Diabetes is the **#1 cause** of blindness in adults.³
- About **3 million** Americans have glaucoma, and 50% don't know they have it.⁴
- Over **3.4 million** Americans aged 40 years and older are blind or visually impaired.⁵
- **24.4 million** U.S. adults over age 40 have cataracts, which can result in double or blurred vision.⁶
- **19.8 million** Americans aged 40 and older live with age-related macular degeneration (AMD)⁷, a leading cause of vision loss for older adults.⁸
- Nearly **60% of adults** report experiencing symptoms of digital eye strain, also known as Computer Vision Syndrome.⁹
- **75% of school vision screenings** miss children's vision problems, which may affect learning.¹⁰

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Sources

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