

Delta Dental of Washington

## Dentists and diabetes – an unlikely pair

Research shows there's a relationship between serious periodontal (gum) disease and diabetes.

## How it works

- People with diabetes are more susceptible to severe gum disease.
- Gum disease can make it harder to control blood sugar.
- It's also harder to fight gum disease, or any infection, when your blood sugar isn't under control.

## What you can do

Tell your dentist about your diabetes and be sure to visit the dentist regularly if you have diabetes. They'll check for signs of gum disease and other oral health problems.

Schedule your next appointment today.

Get the most from your dental benefits. Register for MySmile<sup>®</sup> personal benefits center at <u>DeltaDentalWA.com</u>

